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Aikido: My Spiritual Journey: Amazon.co.uk: Gozo Shioda ...

In this book Gozo Shioda, one of the most influential figures in the history of Aikido, traces in his own words his dramatic and fascinating life story. From his origins as a young boy when inspired by his father to pursue Aikido, the author shares with the reader his life's journey, which he devoted to this martial art.

Aikido: My Spiritual Journey - Gozo Shioda

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Aikido My Spiritual Journey is by Yoshinkan Aikido founder Gozo Shioda. It is a compilation of two books he wrote in Japanese: Aikido Shugyo 1991; Aikido Jinsei 1985, the Afterword comes from Kokyuryoku de Jinsei ni Katsu by Yasuhisa Shioda 1996.

Sensei Noha's review of "Aikido: My Spiritual Journey ...

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Aikido: My Spiritual Journey: Shioda, Gozo, Shioda ...

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Aikido: My Spiritual Journey by Gozo Shioda at Abbey's ...

Aikido of Ueshiba Sensei and Gozo Shioda is not that much different from the Tai Ji of Cheng Man Ching that I practice - at least spiritually. What I especially like about this grand spirit of Gozo Shioda projected through this book is that his devotion to his practice and his one and only teacher is not

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blind, but absolutely rational: he knew what he wanted out of his practice all along.

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