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Manual of Structural Kinesiology, R. T. Floyd Manual of Structural Kinesiology https://www.mheducation.com/cover-images/Jpeg_400-high/1260237753.jpeg 21 April 29, 2020 9781260237757 Manual of Structural Kinesiology, 21st edition, provides a straightforward view of human anatomy and its relation to movement. While the manual is designed for use in undergraduate structural kinesiology courses, other clinicians and educators will also benefit from the text.

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However, the Manual of Structural Kinesiology by Floyd has been a fantastic read with excellent information, it is very well written and only covers what is essential to kinesiology students. All the muscles are displayed, explained, with pronunciation for those like myself who have a hard time reading some of these Greek/Latin terms.

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