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Zuercher says the Enneagram helps people understanding something very basic about their personalities, "a basic reality, a basic incarnation." She tells Tom Fox that the Enneagram, therefore, "is a...

Using the Enneagram in Prayer: Sr. Suzanne Zuercher ...

According to the Enneagram, there are 9 personalities categorized primarily by an overarching fixation in life. If God is the answer to all our desires and problems, then the Enneagram can help guide our prayer life efficiently and fruitfully towards him. Here is a quick description of each Enneagram type ' s problem fixation and their prayer focus.

How to Pray According to Your Enneagram Personality ...

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Using the Enneagram in Prayer: A Contemplative Guide ...

3.0 out of 5 stars Using the Enneagram in Prayer. Reviewed in the United States on December 31, 2010. Recommended by a teacher, this is an interesting but confusing book. My problem is that it lumps three Enneagram types into one, and doesn't take into account the wings. For instance, I'm a 5 with a 4 wing, so I have to look into two different ...

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Suzanne Zuercher, an authority on the Enneagram, a system of spiritual psychology based on personality types, explores the best way for people of each Enneagram to pray. Reflecting on a number of different prayer practices from the perspective of each triad, Zuercher explores how the Enneagram can help develop a contemplative attitude toward life. Anyone who has used the Enneagram as a tool for personal growth will find this wise book is a concise source of deeper self-awareness and an invaluable guide on how to use the Enneagram in prayer.

This book is a manual that can be used as a guide to ways of centering, to new forms of prayer.

Does your prayer life hurt? Have you found a method of prayer that lets you feel connected to God?Your Prayer Life Can Hurt Less approaches prayer in a new way, by realizing that your Enneagram type dictates the best way to connect with God. Each Enneagram type was made for a different purpose and a different experience of God, so if you're trying to pray in a way that doesn't fit how you are made, you are going to struggle.Your Prayer Life Can Hurt Less walks you through what God created you to be, what happened when you fell, and how to get back to God's intention through prayer forms specifically designed for your type. You will learn three unique forms of prayer: one for everyday, one for when you're under stress, and one for when you want to grow. You will zero in on a way of praying that fits both your personality and your stage in life. As to whether this book will help you and be worth your time-it may not. But it's not going to hurt you, damage your faith, or make you love Jesus less.And it may help you hurt less.

Most of us spend a lifetime trying to figure out who we are and how we relate to others and God. The Enneagram is here to help. Far more than a personality test, author Chris Heuertz teaches us that the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat, but the Enneagram uniquely reveals nine ways we get lost, as well as nine ways we find our way home to our true self and to God. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you: Understand the "why" behind your type beyond caricatures and stereotypes Identify and find freedom from self-destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today's broken world Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Praise for The Sacred Enneagram: "Integrated within these pages is Chris's extensive knowledge and understanding of this ancient tool, along with depth in his teaching of contemplative spirituality as practiced by Jesus. Readers are offered a powerful way forward in their unique journey of spiritual transformation through aligning Christian contemplative prayer postures to specific Enneagram types." --Nina M. Barnes, Dean of Spiritual Formation & Leadership, University of Northwestern-St. Paul "The Sacred Enneagram is a groundbreaking contribution to the Enneagram community, providing unique spiritual growth insights for all nine types. If you're not yet convinced of the value, depth, and accuracy of the Enneagram, Chris demystifies and makes this ancient wisdom more accessible than ever." --George Mekhail, pastor, The Riverside Church NYC

One for everyday, one for when you're under stress, and one for when you want to grow. You will zero in on a way of praying that fits both your personality and your stage in life. In this important book, you will discover: - What is enneagram & how to use it - Reveal the different types of enneagram personalities, and find which one suits you - Test yourself with an amazing personality test to expose your strengths, weaknesses, and potentials - And much, much more! This short book provides a foundation of fundamental concepts without delving too much into the theory underlying those concepts, and provides a framework with which readers can explore and implement those concepts.

This guide allows readers to look at the nine personality types delineated in the ancient Enneagram, to help anticipate weaknesses and build on strengths. It also helps answer questions about who they are, the mystery behind the Enneagram, finding romance, and the spiritual in life.

Author A. J. Sherrill still remembers the moment when his life was forever changed by a word he didn't even understand at the time: Enneagram. A personality theory that includes nine different "types," the Enneagram has become a popular tool for self-awareness and improvement. But in this book, Sherrill goes deeper, exploring with Christians how the Enneagram can be a pathway to profound spiritual transformation. Sherrill reveals the Enneagram as a tool to unlock new ways of viewing identity, personality, discipleship, spiritual practices, evangelism, and the Bible. Using this fresh approach, Sherrill shows how our true identity is that of a beloved child of God. Recognizing that, we can move confidently into the world expressing this identity through our unique personality. Through Sherrill's detailed spiritual exploration of each type, readers will emerge viewing the Enneagram as a precious gift to following Jesus more closely. Foreword by Chuck DeGroat.

Why is it so hard to master consistent and meaningful prayer? MaryKate Morse explores 24 pathways of prayer meant to give readers a vast array of ways to focus and reflect. Whether you are a beginner or a lifetime person of faith, you will find a treasure trove of riches here to guide you into a deeper experience of prayer

What is the Enneagram? The Enneagram is a personality typing system that consists of nine different types. Everyone is considered to be one single type, although one can have traits belonging to other ones. While it's uncertain whether this type is genetically determined, many believe it is already in place at birth. This 30-Day Prayer Journal specifically made for your Enneagram type will help you connect more with Him and also reflect on your journey on improving yourself. Did you know that journaling as self care is a wildly effective strategy not only to calm anxiety and lift the spirits, but to use as a pathway to self discovery, too? It's important to get well acquainted with yourself so you can know how to offer the world the best of yourself. What are you waiting for? Get yourself an Enneagram 30-Day Prayer Journal and start your pathway to a better you physically, mentally, emotionally and spiritually.

"No other personality system offers the gift of revealing the fears and longings that help us cope in this uncertain world, encouraging each other and pointing one another to Jesus, each in our unique way." --from The Enneagram for Beginners Recognized as a valuable tool for identifying recurring patterns of unhealthy behavior and the ways we try to earn God's favor, the Enneagram is used by churches, ministries, and families to grow more like Jesus and be closer to one another. While its wisdom is highly sought after, the Enneagram system can be complicated to navigate for first-time users. In this highly accessible spiritual guide, Certified Enneagram Coach Kim Eddy breaks down the essentials to help beginners discover their type and break free from fear and shame by knowing and experiencing the unconditional love, forgiveness and freedom in Christ. The Enneagram for Beginners features:

- Enneagram 101: that includes everything you need to know about the Enneagram, such as the triads, subtypes, wings, levels of health, ongoing struggles, and more
- Easy and supportive steps to find your true type
- Deep explorations into each of the nine personality types to understand the ways in which you experience the world and how you can find Jesus everyday
- Type-focused scripture that reveals what God says about you
- A special prayer for each type

This book is an essential tool for beginners who want to learn their type and find their own transformative path, all while keeping their faith and relationship with Jesus at the center.

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